



## Understand Your Identity

January 4 & 5, 2017

Knowing who you are & whose you are can be useful in decision making.

### Personal & Small Group Activity

List five decisions that you are in the process of making or will make this week. Rank them in difficulty from easiest to hardest. (E.G. Clothes to wear, Bedtime, TV show choice, Interview team member selection, and Sermon text identification for a speaking engagement)

Share your answers. Also, share the process you use (if you have one) for making tough decisions.

### Personal Activity

Write a list of how you perceive others have described you (in the past or present). How have these perceptions of your identity affected you in times of making decisions?

### Large Group Activity

Read Psalm 100. The Psalmist speaks of his identity. What can you learn about your identity from this Psalm?

1. \_\_\_\_\_
2. \_\_\_\_\_

3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

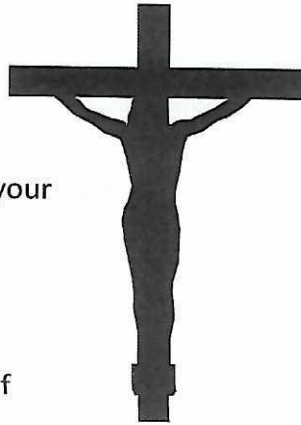
Read Ephesians 2: 1-10. Paul speaks of his identity. What can you learn about your identity from Paul's words?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

### **Large Group Activity**

Read Romans 8: 28-39.

- Identify words or phrases that speak to your identity in Christ?
- What assurances are given that can be of comfort as you make decisions?
- Based upon Paul's words, as well as those written in the Psalm, what are ways you might remind yourself or be reminded of your identity in God's eyes while you are making decisions?



**Knowing who you are & whose you are can be useful in decision making.**

---