



November 8 & 9

Personal Activity—List three things that keep your prayer life from being what you would hope it would be.

- 1.
- 2.
- 3.

Small Group Activity— Discuss your answers.

Large Group Study

Worship is designed to be a “practice session” for living out God’s will upon leaving the Divine Service.

The divine service can be broken into two parts:

1. God bringing His gifts to us (Sacramental)
2. God bringing His gifts through us (Sacrificial)

List as many actions in the service that you think are Sacramental.

List as many actions in the service that you think are Sacrificial.

Large Group Study

➤ **1 Thessalonians 5**

Head (Knowledge):

- What are the most important things that Paul is trying to get across in this section?

- What two groups are described? Describe how the two groups are contrasted?

- Identify as many references to prayer as you can in this section.

- Paul commands godly actions that in many ways go well with his references to prayer. What connections do you see?

Heart (Attitude):

- What emotions do you feel as you read Paul’s words?

- Would you want to live the way Paul describes? If so, finish the following sentence: **“Lord, I hope to....”**

Hands (Behavior):

The liturgy was created to help Christians experience a bit of heaven on earth. And... this includes the experience of prayer. What action(s) can you take to help someone experience a bit of heaven on earth in the area of prayer.

Personal Activity

- List someone whom God has placed in your life that can help you grow in your prayer life. _____
- List someone whom God has placed in your life that you can help grow in prayer. _____

Resources for Prayer:

Lutheran Book of Prayer, Concordia Publishing House, www.cph.org
 Lutheran Hour Ministries (Resources/Daily Devotions), www.lhm.org